

TRAIL BIKE GUIDE



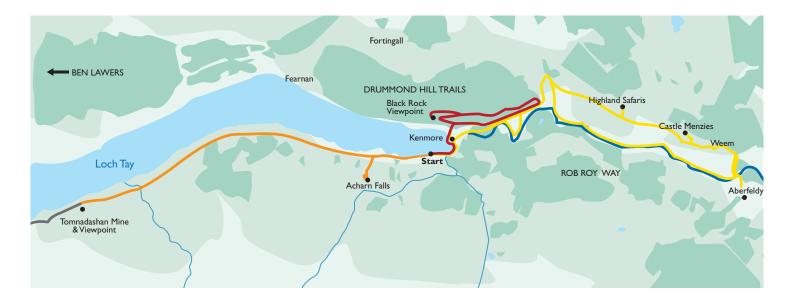








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THE ROUTES

ABERFELDY VIA DULL & WEEM (YELLOW) **CYCLE ROUTE 7 & RIVERTRAIL**

Make your way to Kenmore village, keep heading over the bridge and take the first right after the bridge on to a single track path or carry on and take the first right after the Mains of Taymouth. Keep following the small, paved country roads up past the golf course all the way to Comrie bridge over River Lyon, taking a right turn afterwards. Follow this quiet road all the way past Dull on the left. The base for the Highland Safari deer centre is here, if you didn't have your coffee fix at the Marina this is the perfect place for a refreshment and a safari 4x4 tour in the hills. Carry on towards Aberfeldy, see the lovely Castle Menzies on your left, stop off for a tour round this historic clan home. You can continue on to the wee tourist town of Aberfeldy for some unique shopping experiences or Dewar's distillery or turn back. Opt for road or single track along the river and make a loop. Warning! River trail runs close to banks of Tay at times and can be overgrown so pay attention where you are going!

NB! This route can be combined with the more technical Drummond hill route.

ACHARN FALLS & TOMNADASHAN MINE & VIEWPOINT (ORANGE)



Take the South shore road heading down the loch, this route follows the road all the way keeping the loch on your right. You'll reach Acharn after the first mile, and can cycle up a farm road on the left after the bridge in the village and stop to explore Hermit's cave and Acharn falls. This is a steep climb so some hike – a – bike may be needed. Back on the paved south shore road - carry on up a long steady hill to the headland. Another couple miles on from the headland you get magnificent views down the loch to Killin and then get to the lovely quaint village of Ardtalnaig, which dips into a deep valley and back up. The stop for the mine is on your left about a mile on from the village, it's a small layby with a gate up to the fields. Follow the hill up keeping the fence on your left until you reach the mine. It's a lovely place for a picnic and stays cool even in the summer. Return via the same route or carry on for more spectacular views.

DRUMMOND HILL & BLACK ROCK VIEWPOINT (RED)



To get to the start of the Drummond trails and Black Rock viewpoint head from Taymouth Marina through Kenmore and across the bridge, turn right just after Mains of Taymouth and follow the first small forest road on the left. And then start climbing! To explore beyond black rock viewpoint you will need good fitness and memory - keep note of paths you take not to get lost in the trails!

PLACES OF INTEREST

KENMORE

Translated from Scots Gaelic as Big head, Kenmore is the small village located on a headland at the beginning of the River Tay. It dates back to the 16th century and was built around the same time as the Taymouth Castle (currently unvisitable). The hotel which is currently under refurbishment, is reputed to be the oldest inn in Scotland, and has a poem by Robert Burns inscribed on the inside of the fire mantelpiece by him. The bridge you cross is 250 years old and has been unchanged in that time, the same being for most of the village.

HIGHLAND SAFARIS

The Highland Safaris red deer centre is a great spot for a pitstop and explore. The offer a wide range of highly rated activities, including bike trails, red deer experience and more. The cafe is also worth a stop, offering lovely hot drinks and scrumptious food.

CASTLE MENZIES

Originating in the 16th century, the castle acted as the seat of the Menzies clan, a prominent clan of the Perth area. They built the castle after the previous fortress on the same location was burnt down by a rival, it has undergone several alterations in its time and is now owned by the Menzies clan society, who maintain it. It's worth a visit and has fascinating history. The opening times are short on Sundays. Admission fee is £10 for adults and £5 for kids.

ACHARN

Your first stop on Tomnadashan route is the lovely lochside village of Acharn, with the amazing falls up the trail on the left which is well signposted, along the trail visit the hermit's cave. A small walk through cave that was used for overnight stays by travelers. Watch out for the hermit's ghost who can still be seen sheltering on stormy days.

BEN LAWERS RANGE

Cycling on Tomnadashan route looking ahead as you reach the headland, you get a perfect view over the Lawers mountain range, with Ben Lawers being the leftmost mountain of 6 munros that are in the shape of a horseshoe, the highest being ben Lawers at 1214m. It is high enough to be snow topped until june.

DRUMMOND HILL

Reaching 460m at it's highest point, this lone standing hill rises above Loch Tay and provides stunning 180' panoramas from several viewpoints. Most trails are steep however so be prepared for a difficult but rewarding ride (fitness will be needed for climbing and good bike controlling skills for downhills). Black Rock is the easiest viewpoint to reach and overlooks Kenmore village and Taymouth marina from above. The perfect spot for a quick picnic in the forest.







